■ UnitedHealthcare UHC Gold-X Standard

Coverage For: Individual, Family | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-761-7748 or visit uhc.com/aca-sample-policy. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$2,000 Individual / \$4,000 Family Per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive Care Services</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network: \$8,700 Individual / \$17,400 Family Per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limits</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xksdocfindoa2023</u> or call 1-866-761-7748 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist?</u>	No	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies. **Common Medical Services You What You Will Pay** Limitations, Exceptions, & Other Important Information **May Need Event Out-of-Network Network Provider (You will** pay the least) Provider (You will pay the most) If you visit a Primary care visit to Not Covered Virtual Visits - \$30 copay by a Designated Virtual Network \$30 copay per visit, deductible treat an injury or does not apply Provider, deductible does not apply. health care If you receive services in addition to office visit, additional provider's office illness or clinic copays, deductibles or coinsurance may apply e.g. surgery. \$60 copay per visit, deductible Specialist visit Not Covered If you receive services in addition to office visit, additional does not apply copays or coinsurance may apply e.g. surgery.

Not Covered

Not Covered

Not Covered

You may have to pay for services that aren't preventive. Ask

your provider if the services needed are preventive. Then

check what your plan will pay for.

None

None

No Charge

25% coinsurance, deductible

applies

25% coinsurance, deductible

applies

Preventive

care/screening/

Diagnostic test (x-

ray, blood work)

Imaging (CT/PET

scans, MRIs)

immunization

If you have a test

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Common Medical	Services You	What You W	ill Pay	Limitations, Exceptions, & Other Important Information		
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)			
If you need drugs to treat your	Tier 1 - Your Lowest Cost Option	\$15 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	Provider means pharmacy for purposes of this section. Retail: Up to a 34-day supply.		
illness or condition More information	Tier 2 - Your Mid- Range Cost Option	\$30 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	Mail-Order: Up to a 102-day supply at 3x the 34-day cost share. Specialty drugs limited to 34-day supply at a network pharmacy. Certain drugs may have a preauthorization requirement. If you don't get preauthorization, benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge, Deductible does		
about <u>prescription</u> <u>drug coverage</u> is available at <u>uhc</u> .	Tier 3 - Your Mid- Range Cost Option	\$60 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered			
com/ xksQdruglist2023	Tier 4 – Your Higher Cost Option	\$250 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered			
	Tier 5 – Your Higher Cost Option	Not Applicable	Not Applicable	not apply. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered.		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None		
	Physician/surgeon fees	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None		
If you need immediate medical attention	Emergency room care	25% <u>coinsurance</u> , <u>deductible</u> applies	25% <u>coinsurance,</u> <u>deductible</u> applies	None		
	Emergency medical transportation	25% <u>coinsurance</u> , <u>deductible</u> applies	25% <u>coinsurance</u> , <u>deductible</u> applies	None		
	Urgent Care	\$45 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	If you receive services in addition to <u>Urgent care</u> visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.		
If you have a hospital stay	Facility fee (e.g., hospital room)	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None		

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Common Medical	Services You	What You W	ill Pay	Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Physician/surgeon fees	25% <u>coinsurance, deductible</u> applies	Not Covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit: \$30 copay per visit, deductible does not apply	Not Covered	Network Partial hospitalization/intensive outpatient treatment: 25% coinsurance, deductible applies.	
	Inpatient services	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None	
If you are pregnant	Office Visits	No Charge	Not Covered	Cost sharing does not apply for preventive services.	
	Childbirth/delivery professional services	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.).	
	Childbirth/delivery facility services	25% <u>coinsurance, deductible</u> applies	Not Covered		
If you need help recovering or have other special health needs	Home health care	25% <u>coinsurance, deductible</u> applies	Not Covered	None	
	Rehabilitation services	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Limits per calendar year: Speech: 90 visits; Physical, Cardiac, Occupational, Pulmonary: Unlimited. No limits apply to therapies for a primary diagnosis of Mental Health or Substance Use Disorders.	
	Habilitative services	\$30 copay per visit, deductible does not apply	Not Covered	Limits per calendar year: Physical, Occupational: Unlimited.	
	Skilled nursing care	Not Covered	Not Covered	None	

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Common Medical	Services You May Need	What You W	ill Pay	Limitations, Exceptions, & Other Important Information	
Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Durable medical equipment	25% <u>coinsurance, deductible</u> applies	Not Covered	None	
	Hospice services	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None	
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	None	
	Children's glasses	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	Limited to 3 pairs every 12 months.	
	Children's dental check-up	No Charge	Not Covered	Limited to 2 visits every 12 months.	

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Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion
- Acupuncture
- Bariatric surgery
- Cosmetic Surgery

- Dental care (Adult)
- Glasses (Adult)
- Hearing aids
- Long Term Care

- Non-emergency care when traveling outside the US
- Routine eye care (Adult)
- Routine foot care Except as covered for Diabetes
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Infertility treatment diagnosis and treatment of underlying causes
- Manipulative treatment

Private duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare Insurance Company at 1-866-761-7748, U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="doi:10.1016/journal.org/doi:10.1016/journal.org

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or myuhc.com/exchange or the Employee Benefits Security Administration at 1-866-444-3272 or https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa or Kansas Insurance Department at 1-800-432-2484 or insurance.kansas.gov

Additionally, a consumer assistance program may help you file your appeal. Contact https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-761-7748.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-761-7748.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-761-7748.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-761-7748.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg	is l	lavi	ng a	a Bak	y
. f :					

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,000	■ The <u>plan's</u> overall <u>deductible</u>	\$2,000	■ The <u>plan's</u> overall <u>deductible</u>	\$2,000
Specialist copay	\$60	Specialist copay	\$60	Specialist copay	\$60
Hospital (facility) coinsurance	25%	Hospital (facility) coinsurance	25%	■ Hospital (facility) <u>coinsurance</u>	25%
Other coinsurance	25%	Other coinsurance	25%	Other coinsurance	25%

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing	Cost Sharing	Cost Sharing		Cost Sharing	
Deductibles	\$2,000	<u>Deductibles</u>	\$300	Deductibles	\$2,000
Copayments	\$10	Copayments	\$1,100	Copayments	\$200
Coinsurance	\$2,300	Coinsurance	\$80	Coinsurance	\$90
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$4,370	The total Joe would pay is	\$1,480	The total Mia would pay is	\$2,290
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