UnitedHealthcare UHC Gold-X Standard (No Referrals)

Coverage For: Individual, Family | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-200-0327 or visit uhc.com/aca-sample-policy. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
Important Questions		
What is the overall <u>deductible</u> ?	<u>Network</u> : \$2,000 Individual / \$4,000 Family Per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive Care Services</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.</u> <u>healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network</u> : \$8,700 Individual / \$17,400 Family Per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums, balance-billing</u> charges, health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xaldocfindoa2023</u> or call 1-888-200-0327 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a specialist?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.						
Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information		
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)			
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Virtual Visits - \$30 <u>copay</u> by a Designated Virtual <u>Network</u> <u>Provider</u> , <u>deductible</u> does not apply. If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.		
	<u>Specialist visit</u>	\$60 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	If you receive services in addition to office visit, additional <u>copays</u> or <u>coinsurance</u> may apply e.g. surgery.		
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.		
If you have a test	<u>Diagnostic test</u> (x- ray, blood work)	25% <u>coinsurance, deductible</u> applies	Not Covered	None		
	Imaging (CT/PET scans, MRIs)	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None		

Common Medical	Services You	What You W	ill Pay	Limitations, Exceptions, & Other Important Information		
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)			
If you need drugs to treat your	Tier 1 - Your Lowest Cost Option	\$15 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	<u>Provider</u> means pharmacy for purposes of this section. Retail: Up to a 30-day supply.		
illness or condition More information	Tier 2 - Your Mid- Range Cost Option	\$30 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	Mail-Order: Up to a 90-day supply at 3x the 30-day cost share Specialty drugs limited to 30-day supply at a <u>network</u> pharmacy. Certain drugs may have a <u>preauthorization</u>		
about <u>prescription</u> <u>drug coverage</u> is	Tier 3 - Your Mid- Range Cost Option	\$60 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	requirement. If you don't get preauthorization, benefits will not be covered.		
available at <u>uhc.</u> <u>com/</u> <u>xalQdruglist2023</u>	Tier 4 – Your Higher Cost Option	\$250 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	Certain preventive medications (including certain contraceptives) are covered at No Charge, <u>Deductible</u> does not apply.		
	Tier 5 – Your Higher Cost Option	Not Applicable	Not Applicable	See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered.		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	25% <u>coinsurance, deductible</u> applies	Not Covered	None		
	Physician/surgeon fees	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None		
If you need immediate medical attention	Emergency room care	25% <u>coinsurance, deductible</u> applies	25% <u>coinsurance,</u> <u>deductible</u> applies	None		
	Emergency medical transportation	25% <u>coinsurance</u> , <u>deductible</u> applies	25% <u>coinsurance,</u> <u>deductible</u> applies	None		
	Urgent Care	\$45 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	If you receive services in addition to <u>Urgent care</u> visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.		
lf you have a hospital stay	Facility fee (e.g., hospital room)	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None		

Common Medical	Services You	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Physician/surgeon fees	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None	
		<u>Network</u> Partial <u>hospitalization</u> /intensive outpatient treatment: 25% <u>coinsurance</u> , <u>deductible</u> applies.			
	Inpatient services	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	None	
lf you are pregnant	Office Visits	No Charge	Not Covered	Cost sharing does not apply for preventive services.	
	Childbirth/delivery professional services	nal applies or <u>de</u>		Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.).	
	Childbirth/delivery facility services	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered		
If you need help recovering or have other special health needs	Home health care	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Limited to 60 visits per calendar year.	
	Rehabilitation services	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Limits per calendar year: Cardiac, Pulmonary: Unlimited; Physical/Occupational/Speech: combined limit 30 visits.	
	Habilitative services	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Limits per calendar year: Physical/Occupational/Speech: combined limit 30 visits. An additional combined limit of 35 visits for speech and occupational therapy applies for treatment of Autism Spectrum Disorder.	

Common Medical	Services You	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event May Need		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Skilled nursing care	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	Limited to 60 days per calendar year (combined with inpatient rehabilitation).	
	Durable medical equipment	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	None	
	Hospice services	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None	
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	Limited to 1 exam every 12 months.	
	Children's glasses	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Limited to 1 pair every 12 months.	
	Children's dental check-up	No Charge	Not Covered	Limited to 2 visits every 12 months.	

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Abortion	 Glasses (Adult) 	Private duty nursing	
Acupuncture	 Hearing aids 	 Routine eye care (Adult) 	
 Bariatric surgery 	 Infertility Treatment 	 Routine foot care - Except as covered for Diabetes 	
Cosmetic Surgery	Long Term Care	Weight loss programs	
Dental care (Adult)	 Non-emergency care when traveling 	outside -	
	the US		

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic (manipulative) care - 10 visits per

calendar year

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare Insurance Company at 1-888-200-0327, U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or dol.gov/agencies/ ebsa/about-ebsa/ask-a-question/ask-ebsa or the Alabama Department of Insurance, 201 Monroe Street, Suite 502, Montgomery, AL 36104, 1-800-433-3966 or aldoi.gov/ Consumers, or Office of Personnel Management Multi State Plan Program: opm.gov/healthcare-insurance/multi-state-plan-program/external-review/. Other coverage options may be available to you, too including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace , visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com/exchange</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u> or Alabama Department of Insurance at 1-800-433-3966 or <u>aldoi.gov</u>

Additionally, a consumer assistance program may help you file your appeal. Contact <u>https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u> **Does this plan provide Minimum Essential Coverage? Yes**

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>. **Does this plan meet the Minimum Value Standards? Not Applicable**

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>. Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-200-0327.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-200-0327.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-888-200-0327.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-200-0327.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in- <u>network</u> pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in- <u>network</u> care of a well- controlled condition)		Mia's Simple Fracture (in- <u>network</u> emergency room visit and follow up care)	
The <u>plan's</u> overall <u>deductible</u> \$2,000		The <u>plan's</u> overall <u>deductible</u> \$2,000		The plan's overall deductible	\$2,000
Specialist copay	\$60	Specialist copay	\$60	Specialist copay	\$60
Hospital (facility) <u>coinsurance</u>	25%	Hospital (facility) <u>coinsurance</u>	25%	Hospital (facility) <u>coinsurance</u>	25%
Other <u>coinsurance</u>	25%	Other <u>coinsurance</u>	25%	Other <u>coinsurance</u>	25%
This EXAMPLE event includes services like: <u>Specialist</u> office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianoffice visits (including diseaseeducation)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	Peductibles \$2,000		\$300	Deductibles	\$2,000
<u>Copayments</u>	Copayments \$10		\$1,100	Copayments	\$200
Coinsurance	urance \$2,300		Coinsurance \$80		\$90
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$4,370	The total Joe would pay is	\$1,480	The total Mia would pay is	\$2,290