



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately.**

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-250-8188 or visit [uhc.com/aca-sample-policy](http://uhc.com/aca-sample-policy). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP; or \$0 Individual / \$0 Family	See the Common Medical Events Chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	No.	See the Common Medical Events Chart below for your costs for services this plan covers.
Are there other deductibles for specific services?	Yes, Prescription drugs -\$1,500 Individual/\$3,000 Family, does not apply to Tier 1 drugs. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific deductibles amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan?	Network: \$9,100 Individual / \$18,200 Family Per calendar year.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See <a href="http://uhc.com/xtndocfindoa2023">uhc.com/xtndocfindoa2023</a> or call 1-877-250-8188 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No Charge	No Charge	Not Covered	Virtual visits - No Charge by a Designated Virtual Network Provider. If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	<u>Specialist visit</u>	No Charge	\$85 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	<u>Preventive care/ screening/immunization</u>	No Charge	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	<u>Network</u> : Lab Testing: Free Standing/Office: \$30 <u>copay</u> , <u>deductible</u> does not apply Hospital: \$120 <u>copay</u> , <u>deductible</u> does not apply X-Ray/Diagnostics: Free Standing/Office: \$65 <u>copay</u> , <u>deductible</u> does not apply Hospital: \$120 <u>copay</u> , <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
	Imaging (CT/PET scans, MRIs)	No Charge	Free Standing/Office: \$300 <u>copay</u> per service, <u>deductible</u> does not apply Hospital: \$600 <u>copay</u> per service, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://uhc.com/xtndruglist2023">uhc.com/xtndruglist2023</a>	Tier 1 - Your Lowest Cost Option	No Charge	Preferred Pharmacy: \$3 <u>copay</u> per prescription, <u>deductible</u> does not apply. Non-Preferred Pharmacy: \$15 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	<u>Provider</u> means pharmacy for purposes of this section. Retail: Up to a 30-day supply; 90-day supply at Preferred Pharmacy for 2x 30-day cost share. Mail-Order: Up to a 90-day supply at 2x the 30-day cost share. Specialty drugs limited to 30-day supply at a <u>network</u> pharmacy. Certain drugs may have a <u>preauthorization</u> requirement. If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge, <u>Deductible</u> does not apply. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered.
	Tier 2 - Your Mid-Range Cost Option	No Charge	Preferred Pharmacy: \$30 <u>copay</u> per prescription, <u>deductible</u> does not apply. Non-Preferred Pharmacy: \$30 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	
	Tier 3 - Your Mid-Range Cost Option	No Charge	Preferred Pharmacy: \$85 <u>copay</u> per prescription, <u>deductible</u> applies. Non-Preferred Pharmacy: \$85 <u>copay</u> per prescription, <u>deductible</u> applies.	Not Covered	
	Tier 4 – Your Higher Cost Option	No Charge	Preferred Pharmacy: 40% <u>coinsurance</u> , <u>deductible</u> applies. Non-Preferred Pharmacy: 40% <u>coinsurance</u> , <u>deductible</u> applies.	Not Covered	
	Tier 5 – Your Higher Cost Option	No Charge	Preferred Pharmacy: 50% <u>coinsurance</u> , <u>deductible</u> applies. Non-Preferred Pharmacy: 50% <u>coinsurance</u> , <u>deductible</u> applies.	Not Covered	
<b>If you have outpatient surgery</b>	Facility fee (e. g., ambulatory surgery center)	No Charge	\$750 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
	Physician/surgeon fees	No Charge	Free Standing/Office: \$750 <u>copay</u> , <u>deductible</u> does not apply Hospital: \$1,500 <u>copay</u> , <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
If you need immediate medical attention	<u>Emergency room care</u>	No Charge	\$1,000 <u>copay</u> per visit, <u>deductible</u> does not apply	\$1,000 <u>copay</u> per visit, <u>deductible</u> does not apply	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	<u>Emergency medical transportation</u>	No Charge	45% <u>coinsurance</u> , <u>deductible</u> does not apply	45% <u>coinsurance</u> , <u>deductible</u> does not apply	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	<u>Urgent Care</u>	No Charge	\$75 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	If you receive services in addition to <u>Urgent care</u> visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
If you have a hospital stay	Facility fee (e. g., hospital room)	No Charge	\$2,500 <u>copay</u> per day up to 3 days, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	Physician/surgeon fees	No Charge	45% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	No Charge	Office Visit: \$85 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	<u>Network</u> Partial <u>hospitalization</u> /intensive outpatient treatment: \$750 <u>copay</u> , <u>deductible</u> does not apply. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	Inpatient services	No Charge	\$2,500 <u>copay</u> per day up to 3 days, <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
<b>If you are pregnant</b>	Office Visits	No Charge	No Charge	Not Covered	<u>Cost sharing</u> does not apply for <u>preventive services</u> .
	Childbirth/delivery professional services	No Charge	45% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.) Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	Childbirth/delivery facility services	No Charge	\$2,500 <u>copay</u> per day up to 3 days, <u>deductible</u> does not apply	Not Covered	
<b>If you need help recovering or have other special health needs</b>	<u>Home health care</u>	No Charge	45% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	Limited to 60 visits per calendar year. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
	<u>Rehabilitation services</u>	No Charge	\$85 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Limits per calendar year: Cardiac, Pulmonary: 36 visits each; Physical, Occupational, Speech: 20 visits each. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	<u>Habilitative services</u>	No Charge	\$85 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Limits per calendar year: Physical, Occupational, Speech: 20 visits each.. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	<u>Skilled nursing care</u>	No Charge	\$2,500 <u>copay</u> per day up to 3 days, <u>deductible</u> does not apply	Not Covered	Limited to 60 days per calendar year (combined with inpatient rehabilitation). Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	<u>Durable medical equipment</u>	No Charge	45% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	<u>Hospice services</u>	No Charge	45% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
<b>If your child needs dental or eye care</b>	Children's eye exam	No Charge	No Charge	Not Covered	Limited to 1 exam every 12 months. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	Children's glasses	No Charge	45% <u>coinsurance</u> , <u>deductible</u> does not apply	Not Covered	Limited to 1 pair every 12 months. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .
	Children's dental check-up	No Charge	No Charge	Not Covered	Limited to 2 visits every 12 months. Cost-sharing waived at non-IHCP with IHCP <u>referral</u> .

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- |                       |   |  |
|-----------------------|---|--|
| • Abortion            | • Glasses (Adult)                             | • Private duty nursing                               |
| • Acupuncture         | • Infertility Treatment                       | • Routine eye care (Adult)                           |
| • Bariatric surgery   | • Long Term Care                              | • Routine foot care - Except as covered for Diabetes |
| • Cosmetic Surgery    | • Non-emergency care when traveling outside - | • Weight loss programs                               |
| • Dental care (Adult) | the US  |  |

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- |  |                |
|--|----------------|
| • Chiropractic (manipulative) care - 20 visits per calendar year | • Hearing aids |
|--|----------------|

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare Insurance Company at 1-877-250-8188, U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa](https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa) or Tennessee Department of Commerce and Insurance, Consumer Insurance Services, 500 James Robertson Parkway, Nashville, TN 37243, 1-800-342-4029 or [tn.gov/commerce/insurance-division](https://www.tn.gov/commerce/insurance-division), or Office of Personnel Management Multi State Plan Program: [opm.gov/healthcare-insurance/multi-state-plan-program/external-review/](https://www.opm.gov/healthcare-insurance/multi-state-plan-program/external-review/). Other coverage options may be available to you, too including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](https://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or [myuhc.com/exchange](https://myuhc.com/exchange) or the Employee Benefits Security Administration at 1-866-444-3272 or <https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa> or Tennessee Department of Commerce & Insurance at 1-800-342-4029 or [tn.gov/commerce.html](https://www.tn.gov/commerce.html)

Additionally, a consumer assistance program may help you file your appeal. Contact <https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa>

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-250-8188.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-250-8188.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-250-8188.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijigo holne' 1-877-250-8188.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*



## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible	\$0	■ The plan's overall deductible	\$0	■ The plan's overall deductible	\$0
■ Specialist copay	\$85	■ Specialist copay	\$85	■ Specialist copay	\$85
■ Hospital (facility) copay	\$2,500	■ Hospital (facility) copay	\$2,500	■ Hospital (facility) copay	\$2,500
■ Other coinsurance	45%	■ Other coinsurance	45%	■ Other coinsurance	45%
<b>This EXAMPLE event includes services like:</b> Specialist office visits ( <i>pre-natal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood work</i> ) Specialist visit ( <i>anesthesia</i> )		<b>This EXAMPLE event includes services like:</b> Primary care physician office visits ( <i>including disease education</i> ) Diagnostic tests ( <i>blood work</i> ) Prescription drugs Durable medical equipment ( <i>glucose meter</i> )		<b>This EXAMPLE event includes services like:</b> Emergency room care ( <i>including medical supplies</i> ) Diagnostic test ( <i>x-ray</i> ) Durable medical equipment ( <i>crutches</i> ) Rehabilitation services ( <i>physical therapy</i> )	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
<u>Cost Sharing</u>		<u>Cost Sharing</u>		<u>Cost Sharing</u>	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
<u>What isn't covered</u>		<u>What isn't covered</u>		<u>What isn't covered</u>	
Limits or exclusions	\$0	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$0	The total Joe would pay is	\$0	The total Mia would pay is	\$0

Note: These numbers assume the patient received care from an IHCP or with an IHCP referral to a non-IHCP. If you received care from a non-IHCP without a referral from an IHCP your costs may be higher. \*Note: This plan has other deductibles for specific services deductibles for included in this coverage example. See "Are there other specific services?" row above.