



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately.**

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-832-0969 or visit [uhc.com/aca-sample-policy](http://uhc.com/aca-sample-policy). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<u>Network</u> : \$6,000 Individual / \$12,000 Family Per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive Care Services</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="http://www.healthcare.gov/coverage/preventive-care-benefits/">www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	<u>Network</u> : \$8,550 Individual / \$17,100 Family Per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , <u>balance-billing</u> charges, health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="http://uhc.com/xwadocfindg2023">uhc.com/xwadocfindg2023</a> or call 1-888-832-0969 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes. An electronic <u>referral</u> is required to see a <u>Network Specialist</u> .	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	\$50 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Virtual Visits - \$50 <u>copay</u> by a Designated Virtual <u>Network Provider</u> , <u>deductible</u> does not apply. If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.
	<u>Specialist visit</u>	\$100 <u>copay</u> per visit, <u>deductible</u> applies	Not Covered	If you receive services in addition to office visit, additional <u>copays</u> or <u>coinsurance</u> may apply e.g. surgery.
	<u>Preventive care/screening/immunization</u>	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
<b>If you have a test</b>	<u>Diagnostic test</u> (x-ray, blood work)	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None
	Imaging (CT/PET scans, MRIs)	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you need drugs to treat your illness or condition</b> More information about <u>prescription drug coverage</u> is available at <a href="https://www.uhc.com/xwadruglist2023">uhc.com/xwadruglist2023</a>	Tier 1 - Your Lowest Cost Option	\$32 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	<u>Provider</u> means pharmacy for purposes of this section. Retail: Up to a 30-day supply. Mail-Order: Up to a 90-day supply at 3x the 30-day cost share. Specialty drugs limited to 30-day supply at a <u>network</u> pharmacy. Certain drugs may have a <u>preauthorization</u> requirement. If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge, <u>Deductible</u> does not apply. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered.
	Tier 2 - Your Mid-Range Cost Option	40% <u>coinsurance</u> , <u>deductible</u> applies.	Not Covered	
	Tier 3 - Your Mid-Range Cost Option	40% <u>coinsurance</u> , <u>deductible</u> applies.	Not Covered	
	Tier 4 – Your Higher Cost Option	40% <u>coinsurance</u> , <u>deductible</u> applies.	Not Covered	
	Tier 5 – Your Higher Cost Option	Not Applicable	Not Applicable	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None
	Physician/surgeon fees	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None
<b>If you need immediate medical attention</b>	<u>Emergency room care</u>	40% <u>coinsurance</u> , <u>deductible</u> applies	40% <u>coinsurance</u> , <u>deductible</u> applies	None
	<u>Emergency medical transportation</u>	40% <u>coinsurance</u> , <u>deductible</u> applies	40% <u>coinsurance</u> , <u>deductible</u> applies	None
	<u>Urgent Care</u>	\$100 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	If you receive services in addition to <u>Urgent care</u> visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Physician/surgeon fees	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	\$50 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	<u>Network</u> Partial <u>hospitalization</u> /intensive outpatient treatment: 40% <u>coinsurance</u> , <u>deductible</u> applies.
	Inpatient services	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None
<b>If you are pregnant</b>	Office Visits	No Charge	Not Covered	<u>Cost sharing</u> does not apply for <u>preventive services</u> .
	Childbirth/delivery professional services	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.).
	Childbirth/delivery facility services	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	
<b>If you need help recovering or have other special health needs</b>	<u>Home health care</u>	\$50 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Limited to 130 visits per calendar year.
	<u>Rehabilitation services</u>	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Limits per calendar year: Cardiac, Pulmonary: Unlimited; Physical/Occupational/Speech: combined limit 25 visits. No limits apply for covered Neurodevelopmental therapy or therapies for cancer or other similar chronic conditions.
	<u>Habilitative services</u>	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Limits per calendar year: Physical/Occupational/Speech: combined limit 25 visits. No limits apply for treatment of covered mental disorders.
	<u>Skilled nursing care</u>	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Skilled Nursing is limited to 60 days per calendar year. Inpatient rehabilitation and habilitative services limited to 30 days per calendar year.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	<u>Durable medical equipment</u>	40% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None
	<u>Hospice services</u>	\$50 <u>copay</u> per day, <u>deductible</u> does not apply	Not Covered	Respite Care limited to 14 days per lifetime.
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	Limited to 1 exam every 12 months.
	Children's glasses	No Charge	Not Covered	Limited to 1 pair every 12 months.
	Children's dental check-up	Not Covered	Not Covered	No coverage for Children's dental check-up.

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- |                       |  |  |
|-----------------------|--|--|
| • Bariatric surgery   | • Infertility Treatment                              | • Routine eye care (Adult)                           |
| • Dental care (Adult) | • Long Term Care                                     | • Routine foot care - Except as covered for Diabetes |
| • Glasses (Adult)     | • Non-emergency care when traveling outside - the US | • Weight loss programs                               |
| • Hearing aids        | • Private duty nursing                               |  |

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- |            |   |  |
|------------|---|--|
| • Abortion | • Acupuncture - 12 visits per calendar year | • Chiropractic (manipulative) care - 10 visits per calendar year |
|------------|---|--|

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare of Oregon, Inc. at 1-888-832-0969, U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa](https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa) or Washington State Office of the Insurance Commissioner, 5000 Capitol Blvd., SE, Tumwater, WA 98501, 1-800-562-6900 or [insurance.wa.gov](https://insurance.wa.gov), or Office of Personnel Management Multi State Plan Program: [opm.gov/healthcare-insurance/multi-state-plan-program/external-review/](https://opm.gov/healthcare-insurance/multi-state-plan-program/external-review/). Other coverage options may be available to you, too including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](https://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or [myuhc.com/exchange](https://myuhc.com/exchange) or the Employee Benefits Security Administration at 1-866-444-3272 or <https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa> or Office of the Insurance Commissioner Washington State at 1-800-562-6900 or [insurance.wa.gov](https://insurance.wa.gov)

Additionally, a consumer assistance program may help you file your appeal. Contact <https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa>

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-832-0969.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-832-0969.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-832-0969.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-888-832-0969.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,000
■ <u>Specialist</u> copay	\$100
■ Hospital (facility) <u>coinsurance</u>	40%
■ Other <u>coinsurance</u>	40%

#### This EXAMPLE event includes services like:

Specialist office visits (*pre-natal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,000
■ <u>Specialist</u> copay	\$100
■ Hospital (facility) <u>coinsurance</u>	40%
■ Other <u>coinsurance</u>	40%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,000
■ <u>Specialist</u> copay	\$100
■ Hospital (facility) <u>coinsurance</u>	40%
■ Other <u>coinsurance</u>	40%

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$12,700</b>
<b>In this example, Peg would pay:</b>	
<u>Cost Sharing</u>	
<u>Deductibles</u>	<b>\$6,000</b>
<u>Copayments</u>	<b>\$10</b>
<u>Coinsurance</u>	<b>\$2,100</b>
<u>What isn't covered</u>	
Limits or exclusions	<b>\$60</b>
<b>The total Peg would pay is</b>	<b>\$8,170</b>

<b>Total Example Cost</b>	<b>\$5,600</b>
<b>In this example, Joe would pay:</b>	
<u>Cost Sharing</u>	
<u>Deductibles</u>	<b>\$3,700</b>
<u>Copayments</u>	<b>\$800</b>
<u>Coinsurance</u>	<b>\$0</b>
<u>What isn't covered</u>	
Limits or exclusions	<b>\$0</b>
<b>The total Joe would pay is</b>	<b>\$4,500</b>

<b>Total Example Cost</b>	<b>\$2,800</b>
<b>In this example, Mia would pay:</b>	
<u>Cost Sharing</u>	
<u>Deductibles</u>	<b>\$2,700</b>
<u>Copayments</u>	<b>\$60</b>
<u>Coinsurance</u>	<b>\$0</b>
<u>What isn't covered</u>	
Limits or exclusions	<b>\$0</b>
<b>The total Mia would pay is</b>	<b>\$2,760</b>