## UnitedHealthcare UHC Gold-X Standard (No Referrals)

Coverage For: Individual, Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-980-5319 or visit uhc.com/aca-sample-policy. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	<u>Network</u> : <b>\$2,000</b> Individual / <b>\$4,000</b> Family Per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive Care Services</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.</u> <u>healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network</u> : <b>\$8,700</b> Individual / <b>\$17,400</b> Family Per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums, balance-billing</u> charges, health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xokdocfindoa2023</u> or call 1-800-980-5319 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a specialist?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All copaymen	All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.							
Common Medical	Services You	What You W	ill Pay	Limitations, Exceptions, & Other Important Information				
Event	May Need	Network Provider (You will pay the least)Out-of-Network Provider (You will pay the most)						
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Virtual Visits - \$30 <u>copay</u> by a Designated Virtual <u>Network</u> <u>Provider</u> , <u>deductible</u> does not apply. If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.				
	<u>Specialist visit</u>	\$60 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	If you receive services in addition to office visit, additional <u>copays</u> or <u>coinsurance</u> may apply e.g. surgery.				
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.				
If you have a test	<u>Diagnostic test</u> (x- ray, blood work)	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	None				
	Imaging (CT/PET scans, MRIs)	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	None				

Common Medical	Services You	What You W	ill Pay	Limitations, Exceptions, & Other Important Information		
Event May Need		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)			
If you need drugs to treat your	Tier 1 - Your Lowest Cost Option	\$15 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	<u>Provider</u> means pharmacy for purposes of this section. Retail: Up to a 30-day supply.		
illness or condition More information	Tier 2 - Your Mid- Range Cost Option	\$30 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	Mail-Order: Up to a 90-day supply at 3x the 30-day cost share Specialty drugs limited to 30-day supply at a <u>network</u> pharmacy. Certain drugs may have a <u>preauthorization</u>		
about <u>prescription</u> <u>drug coverage</u> is	Tier 3 - Your Mid- Range Cost Option	\$60 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	requirement. If you don't get preauthorization, benefits will not be covered.		
available at <u>uhc.</u> <u>com/</u> <u>xokQdruglist2023</u>	Tier 4 – Your Higher Cost Option	\$250 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	Certain preventive medications (including certain contraceptives) are covered at No Charge, <u>Deductible</u> does not apply.		
	Tier 5 – Your Higher Cost Option	Not Applicable	Not Applicable	See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered.		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	25% <u>coinsurance, deductible</u> applies	Not Covered	None		
	Physician/surgeon fees	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None		
If you need immediate medical attention	Emergency room care	25% <u>coinsurance, deductible</u> applies	25% <u>coinsurance,</u> <u>deductible</u> applies	None		
	Emergency medical transportation	25% <u>coinsurance</u> , <u>deductible</u> applies	25% <u>coinsurance,</u> <u>deductible</u> applies	None		
	Urgent Care	\$45 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	If you receive services in addition to <u>Urgent care</u> visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.		
lf you have a hospital stay	Facility fee (e.g., hospital room)	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None		

Common Medical	Services You	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event May Need		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Physician/surgeon fees	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	None	
If you need mental health, behavioral health, or substance abuse services		Office Visit: \$30 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	<u>Network</u> Partial <u>hospitalization</u> /intensive outpatient treatment: 25% <u>coinsurance</u> , <u>deductible</u> applies.	
	Inpatient services	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	None	
lf you are pregnant	Office Visits	No Charge	Not Covered	Cost sharing does not apply for preventive services.	
	Childbirth/delivery professional services	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.).	
	Childbirth/delivery facility services	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered		
If you need help recovering or have other special health needs	Home health care	25% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	Limited to 30 visits per calendar year.	
	Rehabilitation services	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Limits per calendar year: Cardiac, Pulmonary: Unlimited; Physical/Occupational/Speech: combined limit 25 visits.	
Habilitative services		\$30 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	Limits per calendar year: Physical/Occupational/Speech: combined limit 25 visits. A combined therapy limit of 390 visits applies for treatment of Autism Spectrum Disorder Services.	

Common Medical	Services You	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Skilled nursing care	25% <u>coinsurance, deductible</u> applies	Not Covered	Skilled Nursing is limited to 30 days per calendar year. Inpatient rehabilitation limited to 30 days.	
	Durable medical equipment	25% <u>coinsurance, deductible</u> applies	Not Covered	None	
	Hospice services	25% <u>coinsurance, deductible</u> applies	Not Covered	None	
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	Limited to 1 exam every 12 months.	
	Children's glasses	25% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Limited to 1 pair every 12 months.	
	Children's dental check-up	No Charge	Not Covered	Limited to 2 visits every 12 months.	

Abortion	<ul> <li>Dental care (Adult)</li> </ul>	<ul> <li>Non-emergency care when traveling outside - th</li> </ul>		
Acupuncture	Glasses (Adult)	US		
Bariatric surgery	Infertility Treatment	<ul> <li>Routine eye care (Adult)</li> </ul>		
Cosmetic Surgery	<b>,</b>			

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

	<ul> <li>Chiropractic (manipulative) care</li> </ul>	<ul> <li>Hearing aids</li> </ul>	<ul> <li>Private duty nursing - 85 visits per calendar year</li> </ul>	
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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare of Oklahoma, Inc. at 1-800-980-5319, U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/agencies/</u> <u>ebsa/about-ebsa/ask-a-question/ask-ebsa</u>, or Oklahoma Insurance Department, 400 NE 50th Street, Oklahoma City, OK 73105,1-405-521-2828 or <u>oid.ok.gov</u> or Office of Personnel Management Multi State Plan Program: <u>opm.gov/healthcare-insurance/multi-state-plan-program/external-review/</u> Other coverage options may be available to you, too, including buying individual insurance coverage through the , <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare</u>. gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Oklahoma Department of Insurance at 1-800-552-0071 or <u>oid.ok.gov</u>

Additionally, a consumer assistance program may help you file your appeal. Contact <u>https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>

## Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>. **Does this plan meet the Minimum Value Standards? Not Applicable** 

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-980-5319.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-980-5319.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-980-5319.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-980-5319.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in- <u>network</u> pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in- <u>network</u> care of a well- controlled condition)		<b>Mia's Simple Fracture</b> (in- <u>network</u> emergency room visit and follow up care)	
The plan's overall deductible	\$2,000	The plan's overall deductible	\$2,000	The plan's overall deductible	\$2,000
Specialist copay	\$60	Specialist copay	\$60	Specialist copay	\$60
Hospital (facility) <u>coinsurance</u>	25%	Hospital (facility) <u>coinsurance</u>	25%	Hospital (facility) <u>coinsurance</u> 25	
Other <u>coinsurance</u>	25%	Other <u>coinsurance</u> 25%		Other <u>coinsurance</u>	25%
This EXAMPLE event includes services like: <u>Specialist</u> office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianoffice visits (including diseaseeducation)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay: Cost Sharing		In this example, Joe would pay: <u>Cost Sharing</u>		In this example, Mia would pay:	
				Cost Sharing	
Deductibles	\$2,000	Deductibles	\$300	Deductibles	\$2,000
Copayments	\$10	Copayments	\$1,100	Copayments	\$200
Coinsurance	\$2,300	Coinsurance	\$80	Coinsurance	\$90
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$4,370	The total Joe would pay is	\$1,480	The total Mia would pay is	\$2,290