UnitedHealthcare UHC Silver-X Value \$3,000 Indiv Ded (\$0 Virtual Urgent Care + \$0 PCP Visits, \$3 Generic Rx Pref Pharm, No Referrals)

Coverage For: Individual, Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-980-5319 or visit uhc.com/aca-sample-policy. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other

underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	<u>Network</u> : \$3,000 Individual / \$6,000 Family Per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive Care Services</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.</u> <u>healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network</u> : \$9,100 Individual / \$18,200 Family Per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums, balance-billing</u> charges, health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xokdocfindoa2023</u> or call 1-800-980-5319 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a specialist?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Common Medical	Services You	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	No Charge	Not Covered	Virtual visits - No Charge by a Designated Virtual <u>Network</u> <u>Provider</u> . If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.	
	<u>Specialist visit</u>	50% <u>coinsurance, deductible</u> applies	Not Covered	None	
	Preventive care/screening/	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then	

50% coinsurance, deductible

applies

50% coinsurance, deductible

applies

Not Covered

Not Covered

check what your <u>plan</u> will pay for.

None

None

If you have a test

immunization

Diagnostic test (x-

ray, blood work)

Imaging (CT/PET

scans, MRIs)

Common Medical	Services You	What You W	ill Pay	Limitations, Exceptions, & Other Important Information
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about <u>prescription</u>	Tier 1 - Your Lowest Cost Option	Preferred Pharmacy: \$3 <u>copay</u> per prescription, <u>deductible</u> does not apply. Non-Preferred Pharmacy: \$12 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	<u>Provider</u> means pharmacy for purposes of this section. Retail: Up to a 30-day supply; 90-day supply at Preferred Pharmacy for 2x 30-day cost share. Mail-Order: Up to a 90-day supply at 2x the 30-day cost share. Specialty drugs limited to 30-day supply at a <u>network</u> pharmacy. Certain drugs may have a <u>preauthorization</u>
drug coverage is available at uhc. com/ xokdruglist2023	Tier 2 - Your Mid- Range Cost Option	Preferred Pharmacy: \$30 <u>copay</u> per prescription, <u>deductible</u> does not apply. Non-Preferred Pharmacy: \$30 <u>copay</u> per prescription, <u>deductible</u> does not apply.	Not Covered	requirement. If you don't get <u>preauthorization</u> , benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge, <u>Deductible</u> does not apply. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered.
	Tier 3 - Your Mid- Range Cost Option	Preferred Pharmacy: \$60 <u>copay</u> per prescription, <u>deductible</u> applies. Non-Preferred Pharmacy: \$60 <u>copay</u> per prescription, <u>deductible</u> applies.	Not Covered	your <u>prun</u> . Not an arags are covered.
	Tier 4 – Your Higher Cost Option	Preferred Pharmacy: 40% <u>coinsurance, deductible</u> applies. Non-Preferred Pharmacy: 40% <u>coinsurance, deductible</u> applies.	Not Covered	
	Tier 5 – Your Higher Cost OptionPreferred Pharmacy: 50% coinsurance, deductible applies.	<u>coinsurance, deductible</u> applies. Non-Preferred Pharmacy: 50% <u>coinsurance, deductible</u>	Not Covered	

Common Medical	Services You	What You W	ill Pay	Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	50% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None	
	Physician/surgeon fees	50% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None	
If you need immediate medical attention	Emergency room care	50% <u>coinsurance</u> , <u>deductible</u> applies	50% <u>coinsurance,</u> <u>deductible</u> applies	None	
	Emergency medical transportation	50% <u>coinsurance</u> , <u>deductible</u> applies	50% <u>coinsurance,</u> <u>deductible</u> applies	None	
	Urgent Care	\$75 <u>copay</u> per visit, <u>deductible</u> does not apply	Not Covered	If you receive services in addition to <u>Urgent care</u> visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.	
lf you have a hospital stay	Facility fee (e.g., hospital room)	50% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None	
	Physician/surgeon fees	50% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	50% <u>coinsurance, deductible</u> applies	Not Covered	<u>Network</u> Partial <u>hospitalization</u> /intensive outpatient treatment: 50% <u>coinsurance</u> , <u>deductible</u> applies.	
	Inpatient services	50% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	None	
If you are Office Visits pregnant		No Charge	Not Covered	Cost sharing does not apply for preventive services.	

Common Medical	Services You	What You W	lill Pay	Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Childbirth/delivery professional services	50% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.).	
	Childbirth/delivery facility services	50% <u>coinsurance, deductible</u> applies	Not Covered		
If you need help recovering or have other special health needs	Home health care	50% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Limited to 30 visits per calendar year.	
	Rehabilitation services	50% <u>coinsurance,</u> <u>deductible</u> applies	Not Covered	Limits per calendar year: Cardiac, Pulmonary: Unlimited; Physical/Occupational/Speech: combined limit 25 visits.	
	Habilitative services	50% <u>coinsurance, deductible</u> applies	Not Covered	Limits per calendar year: Physical/Occupational/Speech: combined limit 25 visits. A combined therapy limit of 390 visits applies for treatment of Autism Spectrum Disorder Services.	
	Skilled nursing care	50% <u>coinsurance</u> , <u>deductible</u> applies	Not Covered	Skilled Nursing is limited to 30 days per calendar year. Inpatient rehabilitation limited to 30 days.	
	Durable medical equipment	50% <u>coinsurance, deductible</u> applies	Not Covered	None	
	Hospice services	50% <u>coinsurance, deductible</u> applies	Not Covered	None	
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	Limited to 1 exam every 12 months.	
	Children's glasses	50% <u>coinsurance, deductible</u> applies	Not Covered	Limited to 1 pair every 12 months.	

Common Medical	Services You	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Event	May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Children's dental check-up	No Charge	Not Covered	Limited to 2 visits every 12 months.	

Abortion	 Dental care (Adult) 	 Non-emergency care when traveling outside - the
Acupuncture	Glasses (Adult)	US
Bariatric surgery	Infertility Treatment	 Routine eye care (Adult)
Cosmetic Surgery	Long Term Care	 Routine foot care - Except as covered for Diabet Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic (manipulative) care	 Hearing aids 	 Private duty nursing - 85 visits per calendar year
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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: UnitedHealthcare of Oklahoma, Inc. at 1-800-980-5319, U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/agencies/</u> <u>ebsa/about-ebsa/ask-a-question/ask-ebsa</u>, or Oklahoma Insurance Department, 400 NE 50th Street, Oklahoma City, OK 73105,1-405-521-2828 or <u>oid.ok.gov</u> or Office of Personnel Management Multi State Plan Program: <u>opm.gov/healthcare-insurance/multi-state-plan-program/external-review/</u> Other coverage options may be available to you, too, including buying individual insurance coverage through the , <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare</u>. gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Oklahoma Department of Insurance at 1-800-552-0071 or <u>oid.ok.gov</u>

Additionally, a consumer assistance program may help you file your appeal. Contact <u>https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>

Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>. **Does this plan meet the Minimum Value Standards? Not Applicable**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-980-5319.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-980-5319.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-980-5319.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-980-5319.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Ba l (9 months of in- <u>network</u> pre-natal car delivery)	oy e and a hospital	Managing Joe's Type 2 [(a year of routine in- <u>network</u> car controlled condition)	Diabetes e of a well-	Mia's Simple Fract (in- <u>network</u> emergency room visit an	ure d follow up care)
The plan's overall deductible	\$3,000	The plan's overall deductible	\$3,000	The plan's overall deductible	\$3,000
Specialist coinsurance	50%	Specialist coinsurance	50%	Specialist coinsurance	50%
Hospital (facility) <u>coinsurance</u>	50%	Hospital (facility) <u>coinsurance</u>	50%	Hospital (facility) <u>coinsurance</u>	50%
Other coinsurance	50%	Other <u>coinsurance</u>	50%	Other coinsurance	50%
This EXAMPLE event includes served Specialist office visits (pre-natal care Childbirth/Delivery Professional Servi Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blo Specialist visit (anesthesia) Total Example Cost) ces	This EXAMPLE event includes ser Primary care physician office visits (education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose Total Example Cost	ncluding disease	This EXAMPLE event includes servi Emergency room care (including medi Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical thera) Total Example Cost	cal supplies)
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$3,000	Deductibles	\$600	Deductibles	\$2,700
Copayments	\$10	Copayments	\$600	Copayments	\$0
Coinsurance	\$4,100	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$7,170	The total Joe would pay is	\$1,200	The total Mia would pay is	\$2,700